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MIDWEST ORGANIC & SUSTAINABLE EDUCATION SERVICE

NEWS RELEASE

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High & Low Tunnels for Extended Season Vegetables Training – July 17

Learn how to incorporate low-tech high and low tunnels into an effective farming program

SPRING VALLEY, WI – The Midwest Organic & Sustainable Education Service (MOSES) announces that an organic training on “High & Low Tunnels for Extended Season Vegetables” will be held on Sunday, July 17, from 10am – 4pm at the Organic Field School at Gardens of Eagan in Farmington, Minnesota. The cost is \$50.

For farmers in the Midwest, extending the growing season by several weeks can significantly increase yields and profit potential. A variety of low-tech covered structures can be used to extend the season of frost sensitive crops, as well as increase the quality and volume of your produce throughout the growing season. The all-day training will cover choosing a site, planting schedules, and managing heat, cold, wind and fertility when incorporating the structures into a farming system. Large high tunnels, midsized walk-in caterpillars and 18-24 inch low tunnels will all be reviewed in detail. A field demonstration of installing a low tunnel will take place. Attendees will learn what points to consider when choosing the type of tunnel to meet budget and crop needs. The farmers of the Organic Field School will share their experiences building and using the various structures and a reference book with more information will be provided to all attendees. Farmers with all sizes of operations and levels of experience will find this training useful.

Space is limited and pre-registration is required for the training and lunch (organic meat and vegetarian sandwiches, fruit, side salad and beverage). Morning and afternoon snacks will also be provided. The cost is \$50 per person. There are three easy options to register for this MOSES field day event: online at www.mosesorganic.org, call 715-778-5775 or email: angie@mosesorganic.org.

MOSES organized this training in partnership with the Organic Field School of Gardens of Eagan, an educational non-profit dedicated to transforming our food and farming systems by providing organic and ecologically based, practical education and research to farmers, and to teaching the benefits and values of ecological and organic farming systems to the public.

MOSES is a non-profit education and resource organization based in Spring Valley, WI, that works with farmers, farming organizations, and government agencies to organize its organic farm field days. Field day sessions are open to all farmers, agriculture professionals, and those interested in organic and sustainable farming practices. MOSES provides free information and resources to attendees of its field days, trainings and farm events.

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